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MMM Threesome

Updated: DECEMBER 22, 2023

Reviewed by [Dr. Sunny Rodgers](#) on December 11, 2023

An MMM threesome is **group sex** involving three people who identify as male. This type of threesome involves male-male sexual activity between some or all of the people involved. It is sometimes called a MMM threeway, a gay threesome, a gay threeway, a male-only threesome, or a male-only threeway.

Who enjoys MMM threesomes?

Like an **FFF threesome**, which is also a same-sex threesome, MMM threesomes usually involve same-sex attracted participants, including gay or bisexual men. Bisexual men who enjoy MMM threesomes may also enjoy **MMF threesomes**, which involve two people who identify as male who interact sexually and someone who identifies as female. While it has a similar makeup, this threesome differs from a **MFM threesome**, where the male-identifying participants only interact sexually with the person who identifies as female.

"People might enjoy MMM threesomes for the thrill of novelty and the excitement of exploring new dynamics in a safe, **consensual** setting. It's a chance to fulfill fantasies and experience increased physical and sensory stimulation from multiple partners," added **Chris Pleines**, a dating expert and founder of **DatingScout**. "Additionally, it can be about the attraction and chemistry between the participants, which adds to the overall enjoyment. For some, it's also a way to boost confidence and explore different aspects of their sexuality. Like any adventurous aspect of life, it's about stepping into new experiences, finding joy in the unexpected, and learning more about oneself in the process."

MMM threesomes can also **appeal to people with different fetishes** or sexual interests. For example, someone with **voyeuristic** tendencies may like watching other people have sex during a MMM threesome. These threesomes can also appeal to **exhibitionists** who want to have sex in front of others.

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How to Find an MMM Threesome

There is usually no shortage of people advertising their desire for MMM threesomes on queer **dating and hookup apps and websites**. However, these people may not have the qualities people seeking threesomes look for, such as a commitment to consent and a clean health record, so it's important for people to vet their candidates carefully.

Some people say they have more success if they **search for a third** with an open-minded partner or friend with benefits. They can then approach people they're interested in in gay bars or other queer social settings.

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